

FACILITIES

Veterans Memorial Field House is perfectly suited for indoor baseball. Along with an All-Purpose Gym Floor which is surrounded by various Hitting Screens and Nets, there is also a separate Small Gym. There is also a full length Batting Cage located on the balcony as well as separate rooms for Weight Lifting and viewing films.

TUITION

Only \$150.00 for participants for 5 days of full instruction from 8:30 am to 12:30 pm.

HEALTH

All care and precaution will be given to each player by our on-staff trainer. The Hit Zone's trainers are all certified and are qualified in CPR and First Aid. In the past our trainers have been Courtney Oak, Lisa Dupuis, and Jen Wasylak.

WHAT TO BRING

NO CLEATS

Sneakers /Turf Shoes

Gym Clothing

Fielding Glove

If you wish to bring your own equipment, such as a helmet or bat, you may do so, but please mark all of your equipment. Equipment tends to look alike and The Hit Zone cannot be responsible for lost equipment. The Hit Zone will provide bats, balls, batting helmets, and catching equipment for the players.

It is also recommended, although not required, that ball players bring batting gloves to protect their hands from blisters that may develop from the number of swings taken.

ACADEMY DIRECTOR

MIKE GIARDI

Head Coach – Marblehead High School

4 years of Professional Baseball

Organizations include the Yankees, Giants, and Expos

1994 Graduate of Harvard University

4 Year Starter in Baseball

1994 Ivy League Player of the Year

Two Time All New England Team

1990 Graduate of Salem High School

Captain of Baseball, Basketball and Football

Member of 3 NEC Championship Baseball Teams

1990 Mass. Div. II Player of the Year

Member of 1989 Div. II State Championship Team

Al Giardi, Assistant Director

1998 Mass. Baseball Coaches Hall of Fame Inductee

22 Year Head Coach at Salem High School

Has over 250 Wins to his name at Salem High School

1 State Championship Team 1989

2 North Championship Teams '89 and '90

3 NEC Championships

Boston Globe Coach of the Year in 1989

6 Time NEC Coach of the Year

Coached Several Professional Baseball Players

Jeff Juden, Doug Canney, Dave MacDonald

ACADEMY INTENTIONS

Since 1995, Mike Giardi has put together the Academy to give young ball players the opportunity to fine tune their skills under the guidance of professional and collegiate players and coaches. The players will learn how to improve their game through drill work that the staff has used throughout their playing and coaching careers. The Academy will feature different teaching tools including:

Tee Work

Soft Toss Drills

Bunting Drills

Batting Cage Work

Sliding Drills on our Sliding Mat

Video Work with our Digital Camera

There will also be base-running work (players will be timed) and individual defensive work by position, including pitching work with the Radar gun.

All of these drills are designed to help improve a young player's game while having fun.

Past and Present Staff Members

Ryan Healey – Stonehill College Standout

Fred Cole – Franklin Pierce Standout

Dave Angeramo – Former JV Coach Salem

Jon Blodgett – Standout Georgetown University

Mike Ward – Head Coach Salem State University

Jason Tarasuik – Head Coach Marblehead High

Seith Bedard – Assistant Baseball Coach, Peabody

Eli Munkholm – Former Assistant Salem State

Rick O'Leary – Salem State Player/Coach

Steve Gridley – Captain Salem State

Peter Feeley – Former Minor League Standout

Doug Lowe – Bishop Fenwick Standout

Dave Morgan – Catcher Toronto Blue Jays Org.

Peter Wilk – Head Coach Georgetown University

Eric Sholds – Standout at Salem High School and Tufts

Joe Correnti – Former Coach Marblehead High School

Stephen Sadoski – Catcher Salem and Harvard

Gardner O'Flynn – Pitcher Texas Rangers Org.

Brett Boretti – Head Coach Columbia University

Patrick Thornton – L.L. Coach Portland, Maine

Tom Thornton – L.L. Coach Portland, Maine

Tim Thornton – L.L. Coach Portland, Maine

Sal Orlando, Sr. – Salem Little League Coach

Salvi Orlando, Jr. – Salem Senior League Coach

Jeff Avigian – Former Danvers' Freshman Baseball Coach

William Madden – Outfielder Swampscott + Harvard

Jeff January – Catcher Swampscott and UMass

Matt Marengi – Pitcher Salem + Tufts University

Mike Lavender – Baseball Coach, Peabody High

Jamie Flynn – Baseball Coach, Salem High

John Silk – Baseball Coach, Salem High

Pete Soteropoulos – St. Louis Organization

Garrett Greer – All Big East Catcher Boston College

Derek Lyons – Div III Player of Year in New England

Ryan Leahy – St. John's Prep, BC and Angels Organization

Mike Giardi's Professional Baseball Academy



**Fundamental Instruction
For Boys and Girls
Ages 8 through 13**

**April School Vacation
April 17th – 21st
Monday - Friday
8:30 am – 12:30 pm**

**Salem High School
Salem, Massachusetts**

**ONLINE REGISTRATION
NOW AVAILABLE
www.the-hit-zone.com**

7001
Swampscott, MA 01907

P.O. Box 337



DON'T WANT TO WRITE OUT THIS FORM- THEN DON'T. REGISTER ONLINE AT WWW.THE-HIT-ZONE.COM

**\$150 PER PLAYER
FAMILY PRICING AVAILABLE**

A Great Spring Training for Young Players!

MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY
APPLICATION FOR APRIL SESSION II ENROLLMENT

FOR OFFICE USE ONLY

NAME _____ DATE OF BIRTH _____ GRADE _____ THROWS R L B
ADDRESS _____ BATS R L B

CITY _____ STATE _____ ZIP _____ POSITION _____

HOME PHONE _____ PARENT/GUARDIAN WORK PHONE _____

HEALTH INSURANCE NAME and NUMBER _____ E-MAIL _____

\$50.00 DEPOSIT AS WELL AS HEALTH AND IMMUNIZATION RECORDS REQUIRED WITH APPLICATION

SEND CHECK OR MONEY ORDER PAYABLE TO: _____ CREDIT CARD TYPE: (no amex) _____

THE HIT ZONE _____ CREDIT CARD #: _____ Exp. _____

P.O. BOX 337 _____ AMOUNT _____

SWAMPSCOTT, MA 01907 _____ SIGNATURE _____

UNDERSTAND AND ACCEPT THE CONDITION THAT NEITHER MIKE GIARDI, SALEM HIGH SCHOOL, NOR ANYONE ELSE ASSOCIATED WITH THE HIT ZONE OR MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY WILL ASSUME ANY RESPONSIBILITY FOR ACCIDENTS AND MEDICAL EXPENSES INCURRED AS A RESULT OF PARTICIPATION IN THE PROGRAM. THE APPLICANT IS IN GOOD HEALTH AND ABLE TO PARTICIPATE IN THE PHYSICAL ACTIVITY OF A VIGOROUS PROGRAM. I HEREBY AUTHORIZE THE DIRECTORS OF THE HIT ZONE TO ACT FOR ME ACCORDING TO THEIR BEST JUDGEMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION.

PARENT/GUARDIAN SIGNATURE _____