

## FACILITIES

Veterans Memorial Field House is perfectly suited for indoor baseball. Along with an All-Purpose Gym Floor which is surrounded by various Hitting Screens and Nets, there is also a separate Small Gym. There is also a full length Batting Cage located on the balcony as well as separate rooms for Weight Lifting and viewing films.

## TUITION

Only \$175.00 for non-members (\$140.00 for members) for 5 days of full instruction from 8:30 am to 12:30 pm.

## HEALTH

All care and precaution will be given to each player by our on-staff trainer. The Hit Zone's trainers are all certified and are qualified in CPR and First Aid. In the past our trainers have been Courtney Oak, Lisa Dupuis, and Jen Wasylak.

## WHAT TO BRING

**\*NO CLEATS\***

Sneakers /Turf Shoes  
Gym Clothing  
Fielding Glove

If you wish to bring your own equipment, such as a helmet or bat, you may do so, but please mark all of your equipment. Equipment tends to look alike and The Hit Zone cannot be responsible for lost equipment. The Hit Zone will provide bats, balls, batting helmets, and catching equipment for the players.

It is also recommended, although not required, that ball players bring batting gloves to protect their hands from blisters that may develop from the number of swings taken.

## ACADEMY DIRECTOR

### MIKE GIARDI

4 years of Professional Baseball  
Organizations include the Yankees, Giants, and Expos  
1994 Graduate of Harvard University  
4 Year Starter in Baseball  
1994 Ivy League Player of the Year  
Two Time All New England Team  
1990 Graduate of Salem High School  
Captain of Baseball, Basketball and Football  
Member of 3 NEC Championship Baseball Teams  
1990 Mass. Div. II Player of the Year  
Member of 1989 Div. II State Championship Team

### Al Giardi, Assistant Director

1998 Mass. Baseball Coaches Hall of Fame Inductee  
22 Year Head Coach at Salem High School  
Has over 250 Wins to his name at Salem High School  
1 State Championship Team 1989  
2 North Championship Teams '89 and '90  
3 NEC Championships  
Boston Globe Coach of the Year in 1989  
6 Time NEC Coach of the Year  
Coached Several Professional Baseball Players  
Jeff Juden, Doug Canney, Dave MacDonald

## ACADEMY INTENTIONS

Since 1995, Mike Giardi has put together the Academy to give young ball players the opportunity to fine tune their skills under the guidance of professional and collegiate players and coaches. The players will learn how to improve their game through drill work that the staff has used throughout their playing and coaching careers. The Academy will feature different teaching tools including:

Tee Work  
Soft Toss Drills  
Bunting Drills  
Batting Cage Work  
Sliding Drills on our Sliding Mat  
Video Work with our Digital Camera

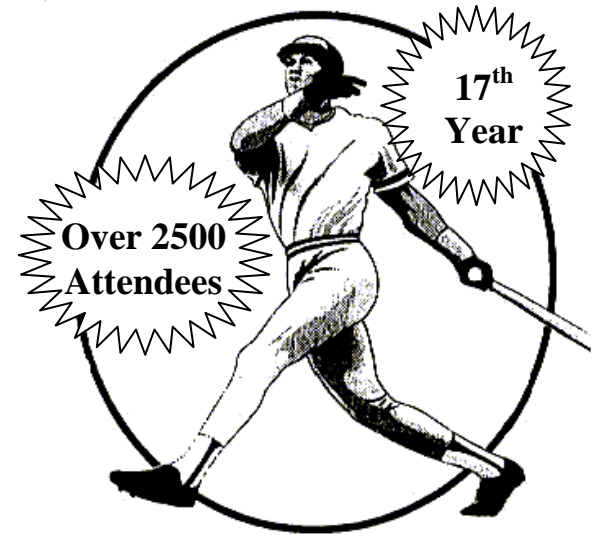
There will also be base-running work (players will be timed) and individual defensive work by position, including pitching work with the Radar gun.

All of these drills are designed to help improve a young player's game while having fun.

## Past and Present Staff Members

David Woike – Former Minor Leaguer  
Ryan Healey – Stonehill College Standout  
Fred Cole – Franklin Pierce Standout  
Dave Angeramo – Former JV Coach Salem  
Jon Blodgett – Standout Georgetown University  
Mike Ward – Assistant Coach Salem State Univeristy  
Jason Tarasuik – Head Coach Marblehead High  
Seith Bedard – Assistant Baseball Coach, Peabody  
Eli Munkholm – Former Assistant Salem State  
Rick O'Leary – Salem State Player/Coach  
Steve Gridley – Captain Salem State  
Peter Feeley – Former Minor League Standout  
Doug Lowe – Bishop Fenwick Standout  
Dave Morgan – Catcher Toronto Blue Jays Org.  
Peter Wilk – Head Coach Georgetown University  
Eric Sholds – Standout at Salem High School and Tufts  
Joe Correnti – Former Coach Marblehead High School  
Stephen Sadoski – Catcher Salem and Harvard  
Gardner O'Flynn – Pitcher Texas Rangers Org.  
Brett Boretti – Head Coach Columbia University  
Patrick Thornton – L.L. Coach Portland, Maine  
Tom Thornton – L.L. Coach Portland, Maine  
Tim Thornton – L.L. Coach Portland, Maine  
Sal Orlando, Sr. – Salem Little League Coach  
Salvi Orlando, Jr. – Salem Senior League Coach  
Jeff Avigian – Former Danvers' Freshman Baseball Coach  
William Madden – Outfielder Swampscott + Harvard  
Jeff January – Catcher Swampscott and UMass  
Matt Marengi – Pitcher Salem + Tufts University  
Mike Lavender – Baseball Coach, Peabody High  
Jamie Flynn –Baseball Coach, Salem High  
John Silk – Baseball Coach, Salem High  
Pete Soteropoulos – St. Louis Organization  
Garrett Greer – All Big East Catcher Boston College  
Derek Lyons – Div III Player of Year in New England  
Ryan Leahy – St.John's Prep, BC and Angels Organization

# Mike Giardi's Professional Baseball Academy



**Fundamental Instruction  
For Boys and Girls  
Ages 8 through 13**

**February School Vacation  
February 21<sup>st</sup>-25<sup>th</sup>  
8:30 am – 12:30 pm**

**Veterans Memorial Fieldhouse  
Salem High School  
Salem, Massachusetts**

**ONLINE REGISTRATION  
NOW AVAILABLE  
[www.the-hit-zone.com](http://www.the-hit-zone.com)**

## Academy Highlights

- **Good Coach/Player Ratio**
- **Instruction by Current & Former Collegiate and Professional Baseball Players and Coaches**
- **Fundamental Hitting, Fielding and Pitching Drills**
- **Video Instruction and Evaluation**
- **Awards and Contests**

## All Attendees Receive

- **Academy T-Shirt**
- **Individual Instruction by Current and Former Professional and Collegiate Baseball Players and Coaches**
- **Individual Written Evaluation**

INDIVIDUAL LESSONS ARE ALSO AVAILABLE WITH MOST COACHES AT **THE HIT ZONE.**

For Information and Applications:  
Call Mike Giardi, Director  
(781)-592-HITS (4487)  
[www.the-hit-zone.com](http://www.the-hit-zone.com)

**\$175 NON-MEMBERS  
\$140 MEMBERS**

***A Great Spring Training for Young Players!***

MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY  
APPLICATION FOR **FEBRUARY SESSION I** ENROLLMENT

FOR OFFICE USE ONLY

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ GRADE \_\_\_\_\_ THROWS  R  L  B  
ADDRESS \_\_\_\_\_ BATS  R  L  B  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ POSITION \_\_\_\_\_

HOME PHONE \_\_\_\_\_ PARENT/GUARDIAN WORK PHONE \_\_\_\_\_  
E-MAIL \_\_\_\_\_

HEALTH INSURANCE NAME and NUMBER \_\_\_\_\_

**\$50.00 DEPOSIT AS WELL AS HEALTH AND IMMUNIZATION RECORDS REQUIRED WITH APPLICATION**

SEND CHECK OR MONEY ORDER PAYABLE TO: \_\_\_\_\_ CREDIT CARD TYPE: (no amex) \_\_\_\_\_

THE HIT ZONE \_\_\_\_\_ CREDIT CARD #: \_\_\_\_\_ Exp. \_\_\_\_\_

P.O. BOX 337 \_\_\_\_\_ AMOUNT \_\_\_\_\_

SWAMPSCOTT, MA 01907 \_\_\_\_\_ SIGNATURE \_\_\_\_\_

UNDERSTAND AND ACCEPT THE CONDITION THAT NEITHER MIKE GIARDI, SALEM HIGH SCHOOL NOR ANYONE ELSE ASSOCIATED WITH THE HIT ZONE OR MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY WILL ASSUME ANY RESPONSIBILITY FOR ACCIDENTS AND MEDICAL EXPENSES INCURRED AS A RESULT OF PARTICIPATION IN THE PROGRAM. THE APPLICANT IS IN GOOD HEALTH AND ABLE TO PARTICIPATE IN THE PHYSICAL ACTIVITY OF A VIGOROUS PROGRAM. I HEREBY AUTHORIZE THE DIRECTORS OF THE HIT ZONE TO ACT FOR ME ACCORDING TO THEIR BEST JUDGEMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

***DON'T WANT TO WRITE OUT THIS FORM- THEN DON'T. REGISTER ONLINE AT [WWW.THE-HIT-ZONE.COM](http://WWW.THE-HIT-ZONE.COM)***